SUMMARY OF DAY 5 Clinical and Genetic Epidemiology Winter School (February 10, 2017)

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Part 1: Personalized Medicine and Study Designs

Friday 10. Feb 2017

| Time | Topic Responsible | |
|---------------|---|---------------|
| 9:15 - 10:45 | Personalized Medicine and Study Designs Prof. Strauch | |
| 11:15 - 12:45 | Personalized Medicine and Study Designs | Prof. Strauch |
| | | |
| 14:15 - 15:45 | Health economics and ethics Dr. Schwarzkopf | |
| 16:15 - 17:45 | Health economics and ethics Dr. Schwarzkopf | |

Genetic Epidemiology - general idea

- Identification of gene(s) causing a disease NOT all genes involved in it
- Look for genetic regions DIFFERING between affected and unaffected patients
- Important:

- > Mode Of Inheritance
- > Penetrance

Genetic Linkage

getting away from the idea that you inherit the identical chromosome you inherited from your father or your mother

- Linkage: describes events of chromosomal recombination in a <u>family</u>
- Linkage Disequilibrium: describes events of chromosomal recombination in a population - > tagging SNP



Study design and type of Analyses

- Linkage Analysis vs. Association Analysis
- Population-based vs. Cohort
- Case/Control vs Family (Trio)

How rare is the disease / the genetic variant you are examining How is your budget?

-> trend goes back to family design (sequencing of loci to get rare variants)

Biomarkers

- DIANOSTIC Who is sick?
- RISK Who is in risk of becoming sick?
- PROGNOSTIC If the person is sick, how will the course of disease be?

PREDICTING THE OUTCOME – the ultimate aim

Biomarkers

Retrospective identification and prospective validation

- <u>Prognostic</u> biomarkers: associated with outcome independent of treatment
- <u>Predictive</u> biomarkers: predict efficacy of a certain treatment for a disease

Biomarkers

Randomization designs for Phase III trials have low statistical power

when Biomarker is reliable: targeted trial design to reduce patient number







Part 2: Health economics and ethics

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Types of health economic studies



Basic approaches of health economic evaluation Costs A **Consequences A Program A** Decision **Program B Consequences B** Costs B Cost Minimization Analysis Zaltrap vs. Avastin \rightarrow only costs count in mCR **Cost-Effectiveness** Erlotinib vs Gefitinib in Analysis FGFR M+ NSCI C \rightarrow Effects in physical units **Cost-Utility Analysis CRC/HH** screening → Multidimensional Case study outcome parameter (QALY)

Steps of health economic evaluation



Factors enhancing the cost-effectiveness of personalized medicine

| | Factor | Requirement |
|------------|---------------------|--|
| Gene | Prevalence | Variant allele common |
| | Penetrance | High gene penetrance |
| Test | Diagnostic accuracy | High sensitivity, high specificity |
| | Cost | Fast, cheap, broad availability |
| Disease | Prevalence | Widespread disease |
| | Natural Course | High mortality in case of no treatment |
| | | Substantial decrement on quality of life |
| Treatment/ | | Targeted application by responders only |
| Comparator | | Less side effects |
| | | Enhanced prognosis |
| | | Small costs differences compared to standard |

→ the lower the ICER, the higher the probability of being cost-effective

It's all about the increments...

Combination of both (cost and effect) parameters in a single outcome e.g. incremental cost effectiveness ratio (ICER)



 \rightarrow no willingness-to-pay threshold in Germany

Potentially relevant aspects for decision making



 \rightarrow different princeples ranging from liberalism (US) over priotarianism to utilitarianism (e.g. QALY maximisation)